

WEEK 1: PERSONAL STUDY DAY 1

WORKING & KEEPING

Read Genesis 2:8-15

Think about plowing a large field with a hand-held instrument. What would that kind of work demand and require?

In what ways do you need those same qualities in your life right now?

Plowing requires cultivating the ground so that something might grow. In what ways does manhood require you to do work that no one else sees but that will bear fruit much later?

Every man is called to keep – to be a protector and defender. In what specific areas of your life do you see the need for “keeping”?

What specific examples of working and keeping can you think of from the Bible or men you have known?

WEEK 1: PERSONAL STUDY DAY 2

THE FIRST DOMAIN: FLESH

Read Titus 1:1-16

The qualifications for an elder in Titus 1 function as a list of what it means to be a godly man. As you read over that passage, where do you see the need for self-control?

In what specific areas of a man's life does he need to practice self-control?

How have you seen the lack of self-control affect your life or the life of someone you know?

How can a lack of self-control over the flesh affect every other area of your life?

What are some practical areas in which you need to take dominion over your flesh?

WEEK 1: PERSONAL STUDY DAY 3

THE SECOND DOMAIN: CHURCH

Read Ephesians 5:22-28

You cannot become the man God wants you to be without involvement in a local church. Why would this be true?

The church is called the “bride of Christ.” What does that tell us about how God feels about His church? How should we feel about His church?

What role does the local church play in your life? Are you treating your local church like Christ would want you to treat His bride? How could you better work and keep in your local church?

In what ways can the local church help you learn how to be a man?

How would the lack of church involvement negatively affect your life?
How would active engagement in a local church affect your life?

WEEK 1: PERSONAL STUDY DAY 4

THE THIRD DOMAIN: FAMILY

Read Titus 2:1-15

Why do men often feel more equipped to lead at work than at home?

Why is the work at home so often more difficult?

In what ways do you feel insecure and insufficient to do the work God has called you to do at home?

In what practical ways can you better serve, love, and lead those in your home?

If you are single, how can you serve and love your family in order to become the man God has called you to be?

WEEK 1: PERSONAL STUDY DAY 5

THE FOURTH DOMAIN: FLESH

Read Titus 3:1-15

In what ways do our jobs teach us how to work and keep?

If you are a student or retired, what work has God still called you to do, and how can you take dominion in that?

How can working and keeping be a testimony to those at work?

How have you seen the lack of a strong work ethic affect men?

Are there areas in your life where you need to be working harder?
If so, what are they and what changes do you need to make?